TALK IT OUT what rules do you need in order to feel safe? Supported?

# lesson 1: welcome

outcome: Articulate ground rules for the class.

### what is Launch?

**DIRECTIONS:** Read the class purpose and goals below. Add additional goals you have for this class on the lines provided. Then, as a group, identify and agree on the ground rules for this class.

# Purpose of Launch

- Understand the *relevance of high school* to your current and future lives and to *envision high school as a launchpad* to your college and career success
- Help you to master the five PeerForward Core Understandings that will equip you to succeed in the postsecondary planning process, and in college and career training after high school

#### 🥥 PeerForward Core Understandings

- Self-Advocacy
- Academic Excellence
- College Career Connection
- College 101
- Financial Awareness

# Goals

All students in this class will be able to:

- Explain who they are, where they come from, and where they want to go
- Express themselves in writing, speaking, and other forms of communication
- Use strategies to overcome a variety of academic, professional, and personal barriers

### **Ground Rules**

#### **STUDENT HANDOUT**



WANT TO KNOW

#### LEARNED



Speaking up for yourself can be easy if you have the right tools and resources. In 10th grade, you'll discover everything you need to excel!